



PORT OFFICE & SECURITY

Cardiff Port Security (24/7) 07734 072 190
 Cardiff Local Port Services (24/7) 0845 601 8870

LOCAL PORT HEALTH AUTHORITY



Cardiff Port Health (Office Hours) 0300 123 6696
 (Out Of Hours) 02920 371 616
 porthealth-srswales@valeofglamorgan.gov.uk

MARITIME AND COASTGUARD AGENCY UK

CardiffMO@mcga.gov.uk 020 3908 5220



TOURIST INFORMATION CENTRE

Tourist Visitor Point 02920 872 167
 Cardiff Castle (Entrance Area) www.visitcardiff.com

LIBRARY

City Centre Library 02920 382 116

PLACES OF WORSHIP

Anglican: St Mary The Virgin www.stmaryscf10.co.uk

Catholic: St Patrick's www.stpatrickscardiff.co.uk

Greek Orthodox: St Nicholas www.stnikolaos.org.uk

Ukrainian Orthodox: St Theo's www.sttheoscardiff.org.uk

Muslim: Various mosques www.mosques.muslimsinbritain.org

Other places of worship for the different faiths and denominations are located throughout Cardiff city centre. Please ask the Port Chaplains or Ship Welfare Visitors for details.

SIM CARDS & TOP-UP CARDS

SIM cards & Top-up cards are available for purchase from Ship Welfare visitors. Seafarers are strongly advised to purchase SIM cards & Top-up cards only from official Ship Welfare visitors.

SEAFARERS' TELEPHONE HELPLINES

SeafarerHelp....the lifeline for seafarers (ISWAN)
 www.seafarerhelp.org (all seafarers) +44 (0)20 8323 2737

Seafarer Support Referral Helpline 0800 121 4765
 (UK seafarers only) www.seafarersupport.org



Produced by the Merchant Navy Welfare Board, (Registered as a charity No.212799 in England & Wales and No.SC039669 in Scotland) and the seafarers' welfare charities. Maps/Photos courtesy of ABP and the local seafarers welfare charities. Please pass any amendments directly to MNWB on 02380 337799 or visit: www.mnwb.org

Issue Date 05/22

SEAFARERS' PORT INFORMATION LEAFLET

CARDIFF WELCOMES ALL SEAFARERS



SHIP WELFARE VISITING ORGANISATIONS



The Mission to Seafarers 07557 512 568
 Port Chaplain mark.lawson-jones@mtsmail.org
 www.missiontoseafarers.org



Stella Maris 07595 453 063
 Port Chaplain peter.morgan@stellamarismail.org
 www.stellamaris.org.uk



Sailors' Society 07795 314 646
 Port Chaplain www.sailors-society.org



Fishermen's Mission 07827 965 241
 wales@fishermensmission.org.uk
 www.fishermensmission.org.uk



ITF Inspector 07764 182 768
 Molloy_Tommy@itf.org.uk
 ITF HQ +44 7590 880 285
 www.itfseafarers.org (messages only)



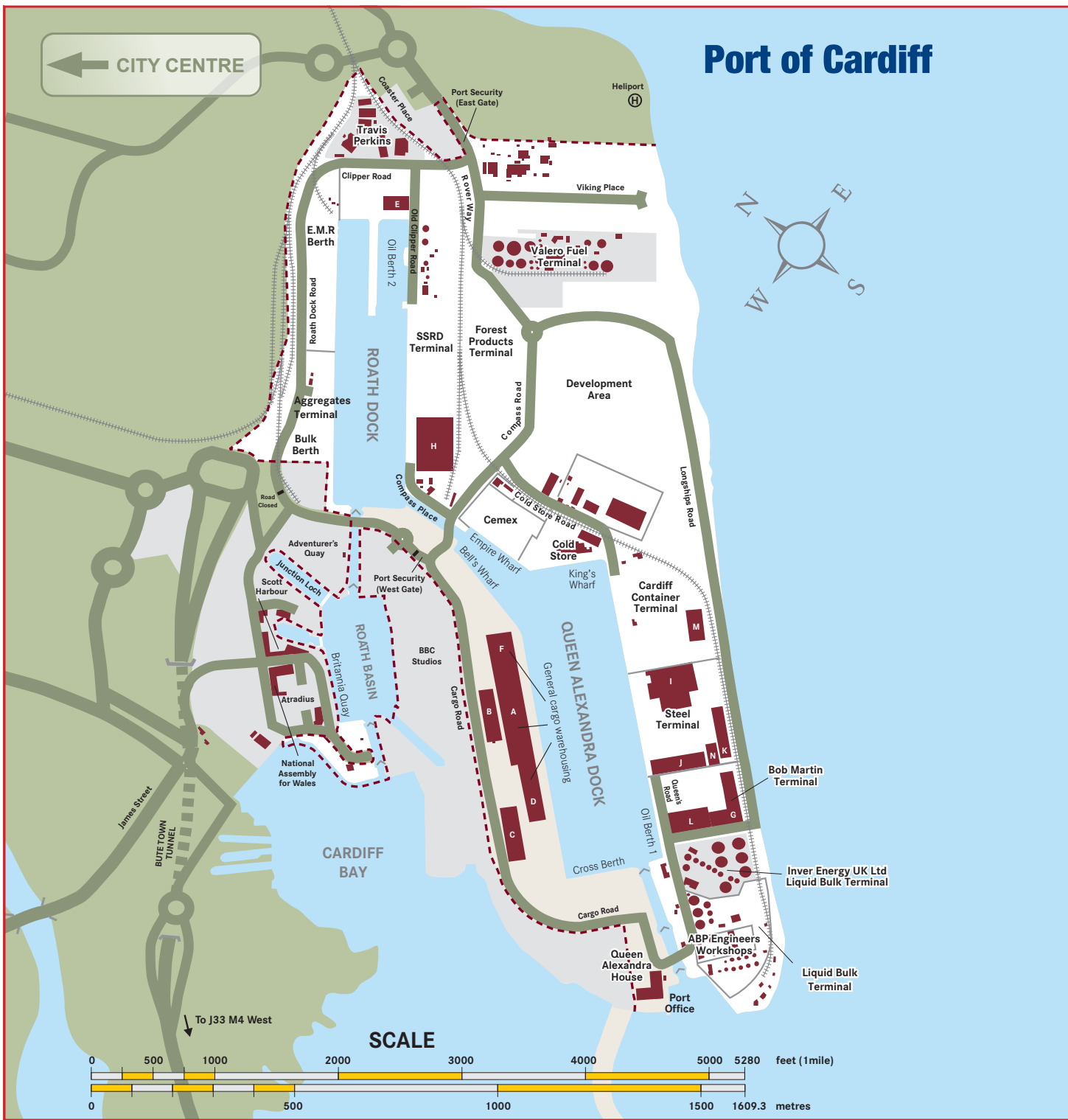
Nautilus International 020 8989 6677
 www.nautilusint.org



RMT 020 7387 4771
 www.rmt.org.uk

Port of Cardiff

← CITY CENTRE



POST OFFICE/BANKS/FOREIGN EXCHANGE

No1 Currency Exchange, Queen Street	02920 235 747
Post Office, Bute Street, Cardiff Bay	02920 480 303

*All major banks have branches located in city centre

SHOPPING

In Cardiff Bay (10min walk from port):

Sainburys, 2a Bute Street	Open 0700-2300
Co-op, Pierhead Street	Open 0730-2200
Tesco, 17 Mermaid Quay	Open 0600-0000
Argos, Cardiff Bay Retail Park	www.argos.co.uk

*Most retailers have branches in Cardiff city centre with shops in general open till 20:00 Mon-Sat. (Use No.6 bus from port to get to the City Centre).

CHEMIST & OPTICIANS

Boots the Chemist, Queen Street	02920 231 291
(incs Specsavers Opticians)	www.boots.com

ENTERTAINMENT & LOCAL ATTRACTIONS

Red Dragon Centre - Cinema & Bowling	www.thereddragoncentre.co.uk
National Museum	www.museum.wales/cardiff
Cardiff Castle	www.cardiffcastle.com
St David's Hall (concerts)	www.stdavidshallcardiff.co.uk
The New Theatre (drama)	www.newtheatrecardiff.co.uk

Cardiff International Pool - Swimming & Gym
www.leisurecentre.com/cardiff-international-pool-and-gym

PUBLIC TRANSPORT

Train: National Rail Enquiries	www.nationalrail.co.uk
Bus: Traveline	www.cardiffbus.com
Coach: National Express	www.nationalexpress.com
Air: Cardiff International Airport	www.cardiff-airport.com

TAXIS

Dragon Taxis	02920 333 333
GW Taxis	02920 472 464

LOCAL HOSPITAL

University Hospital of Wales	
Heath Park Way	02920 747 747
NHS Helpline	111

