UNMANNED SEAFARER CENTRE



Montrose Port Mission www.scfs.org/port/montrose

Montrose Seafarer Centre, North Quay, Montrose Harbour (East end of quay, next to pilot station)

Available 24 hours, free internet tea & coffee. Access details are displayed on a poster in the cabin window, but if any problems please ring 07470 099 072

PORT TRANSPORT

There is no regular port transport service available, but the town centre facilities are within a safe walking distance of the port.

PORT OFFICE & SECURITY

Montrose	Montrose Port Aut
	www.montrosepor

:hority rt.co.uk 01674 672 302

LOCAL PORT HEALTH AUTHORITY

Angus Council envhealth@angus.gov.uk 01241 465 210

020 3817 2001

MARITIME AND COASTGUARD AGENCY UK

AberdeenMO@mcga.gov.uk



INTERPRETERS

The Port Chaplain has access to local interpreters to help with their work - including French, Polish, Portuguese, Ukrainian and Arabic.



SEAFARERS' TELEPHONE HELPLINE

SeafarerHelp....the lifeline for seafarers (ISWAN) www.iswan.org.uk/seafarerhelp

+44 (0)20 7323 2737



Produced by the Merchant Navy Welfare Board and the local seafarers' welfare charities. The MNWB is registered as a charity No.212799 in England & Wales and No.SC039669 in Scotland. Port map courtesy of Montrose Port Authority. Photos courtesy of Sailors' Society. Please pass any amendments directly to MNWB on 02380 337799 or visit: www.mnwb.org

PORT INFORMATION LEAFLET

MONTROSE Welcomes All Seafarers



SHIP WELFARE VISITING ORGANISATIONS

SCFS	Seafarers' Chri Port Chaplain www.scfs.org

afarers' Christian Friend Society 07470 099 072

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STELLA MARIS

Stella Maris Port Chaplain 07757 042 722 www.stellamaris.org.uk



The Mission to Seafarers 07581 625 941 www.missiontoseafarers.org Norwegian Seamen's Mission

Port Chaplain 07768 472 134 www.sjomannskirken.no



NAUTILUS

ITF Inspector ITF HQ www.itfseafarers.org

meldrum_helen@itf.org.uk seafsupport@itf.org.uk Nautilus International 0208 989 6677 www.nautilusint.org



0800 376 3706

07502 563 470





BANKS / POST OFFICE / MONEY TRANSFER

Post Office, High Street01674 673 459(incs. Western Union)Located in the ScotMid Co-op convenience store

*A selection of major banks have branches located in the town centre.

SHOPPING

Tesco, Western Road	0345 677 9478	
Aldi, Basin View	0800 042 0800	
Angus Tech, High Street	01674 660 277	
(Mobile phone sales & repairs - with discounts on all IT equipment to seafarers)		

* There are a variety of charity shops located in the town centre, where you can buy clothes and presents.

THINGS TO DO	www.visitangus.com
Montrose Sports Centre, Marine Aven (Swimming & Gym)	ue 01674 907 600
Montrose Museum, Panmure Place	01674 907 447
Montrose Playhouse, The Mall (Cinema & Arts Centre) www.montroseplayhouse.co.uk	
Montrose Air Station Heritage Centre, Waldon Road www.rafmontrose.org.uk	, 01674 678 222

Montrose Port Mission also keeps track of local things to do, with regular updates to their website: www.scfs.org/port/montrose

PLACES OF WORSHIP

Catholic:	
St Margaret's Church, Market Street	01674 672 208
Anglican:	
Trinity Church, High Street	01674 672 447

Evangelical:

Grace Church (based at the Playhouse Arts Centre) www.gracechurchmontrose.com

Baptist:

Montrose Baptist Church, Coronation Way 01674 674 524



CHEMIST / OPTICIAN

Boots the Chemist, High Street	01674 676 455
Specsavers, High Street	01674 679 080
Davidsons Chemist, High Street	01674 672 401

PUBLIC TRANSPORT

Train: National Rail Enquiries www.nationalrail.co.uk	0345 748 4950
Bus: Traveline (Scotland) www.travelinescotland.com	0871 200 2233
Taxi: Lucian Taxis Aero Cars	07484 653 357 07368 931 509



LOCAL HOSPITALS

www.nhs24.com

A&E: Ninewells Hospital, Dundee 01382 660 1	
Minor Injuries Unit: 01241 872 584 Arbroath Infirmary, Rosemount Road (Open 08:00 to 20:00 7 days a week)	
NHS Helpline:	

